

Palooza preliminary 2025 Plant List

| Scientific name | Common name(s) | Type | Light | Soil Moisture | Height | Spread | Flower color | Flowering time | Larval host plant for | Pollen, nectar and other uses for | Resistant to | Salt tolerant | Drought tolerant once est'd |
|-------------------------------|---------------------------------------|------------------------|------------------------|-----------------|---------|-------------|------------------------|----------------|--|---|-------------------------------------|---------------|-----------------------------|
| <i>Agastache foeniculum</i> | Anise Hyssop | Perennial | Full sun to Part shade | Dry to medium | 2-4 ft | 2-3 ft | Lavender | Jul-Sep | | hummingbirds, butterflies, bees, hummingbird moths, birds | Deer, Rabbit | No | Yes |
| <i>Allium cernuum</i> | Wild Nodding Onion | Perennial bulb | Full sun to Part shade | Medium to Moist | 1-2 ft | 1 ft | Light Pink | May-Jun | Hairstreak butterflies | hummingbirds, butterflies, bees | Deer | Yes | Yes |
| <i>Asclepias incarnata</i> | Rose Milkweed; Swamp Milkweed | Perennial | Full sun to Part shade | Moist | 4-5 ft | 2-3 ft | Pink | Jun-Jul | Monarch and Queen butterflies | Butterflies, bees, hummingbirds | Deer, Rabbit | Somewhat | Yes |
| <i>Carex pensylvanica</i> | Pennsylvania Sedge | Grass/Sedge | Full sun to full shade | Dry to moist | 8-16 in | 2 ft | Green/tan | May-Jul | Dozens of moth and butterfly species including Skippers | Birds, bees, butterflies, moths, flies, beetles, and wasps | Deer, Rabbit | Somewhat | Yes |
| <i>Chelone glabra</i> | White Turtlehead | Perennial | Full sun to Part shade | Moist | 2-4 ft | 2 ft | White w/ Pink Hues | Aug-Sep | Baltimore Checkerspot (<i>Euphydryas phaeton</i>) | bees, butterflies, hummingbirds | Deer | No | No |
| <i>Coreopsis lanceolata</i> | Lance-leaf Coreopsis | Perennial | Full sun to full shade | Dry to medium | 2-3 ft | 2-3 ft | Yellow | May-Jul | Wavy-lined emerald moth | butterflies, skippers, moths, bees, wasps and beetles, birds eat seeds | Deer, Rabbit | Yes | Yes |
| <i>Echinacea purpurea</i> | Purple Coneflower | Perennial | Full Sun to Part Shade | Dry to Moist | 3-4 ft | 2 ft | Deep Pink | Jun-Sep | Silvery Checkerspot butterfly (Chlosyne Nycteis) | bees, moths, butterflies, skippers, hummingbirds, birds forage on seeds | Deer | Yes | Yes |
| <i>Eurybia macrophylla</i> | Big-Leaved Aster | Perennial | Part Shade to Shade | Dry to medium | 1-3 ft | 2-3 ft | Pale lavender to white | Aug-Oct | Pearl Crescent Butterfly (Phyciodes tharos), Silvery Checkerspot butterfly (Chlosyne Nycteis) | Silvery Checkerspot Butterfly and several species of moths | Deer | Yes | Somewhat |
| <i>Eutrochium maculatum</i> | Spotted Joe-Pye Weed | Perennial | Full sun to Part shade | Moist | 7-10 ft | 6 ft clumps | Mauve | Jul-Sep | <u>Clymene moth</u> , <u>eupatorium borer moth</u> , <u>ruby tiger moth</u> , <u>three-lined flower moth</u> | Butterflies, bees | Deer, Rabbit | No | No |
| <i>Helenium autumnale</i> | Helen's Flower; Sneezeweed | Perennial | Full sun to Part shade | Moist | 3-5 ft | 3 ft | Yellow | Jul-Aug | Silvery Checkerspot, Painted Lady, Dainty Sulphur butterflies; Blackberry looper, White-dotted groundling, Cobbler, Rigid sunflower borer moths | Bees, wasps, pollinating flies, butterflies and beetles | Deer, rabbit (poisonous to mammals) | No | No |
| <i>Lobelia cardinalis</i> | Cardinal Flower | Perennial, short-lived | Full sun to full shade | Moist | 2-4 ft | 1-2 ft | Red | Aug-Sep | <u>Spicebush Swallowtail</u> , <u>Pink Washed Looper Moth</u> , <u>Greater Black Letter Dart</u> and <u>Red Banded Leafroller Moth</u> | Hummingbirds, butterflies, long-tongued bees | Deer, Rabbit | Yes | No |
| <i>Lobelia siphilitica</i> | Great Blue Lobelia | Perennial, short-lived | Part shade to shade | Moist | 1-4 ft | 1-2 ft | Blue | Jul-Sep | 5 species including pink-washed looper, greater black-letter dart, and red-banded leafroller moths | Hummingbirds, butterflies, long-tongued bees | Deer | No | No |
| <i>Monarda bradburiana</i> | Bradbury's Bee Balm, Eastern Bee Balm | Perennial | Full sun to part shade | Dry to Medium | 1-2 ft | 1-2 ft | Pink, Purple | Jun-Jul | Hermit sphinx moth (<i>Lintneria eremitus</i>) | Bees, butterflies, moths (including Hummingbird moths), hummingbirds | Deer, Rabbit | Yes | Yes |
| <i>Monarda punctata</i> | Spotted Bee Balm, Horsemint | Perennial | Full sun to part shade | Dry to medium | 1-3 ft | 1 ft | Cream-pink | Jun-Aug | Several moth species including grey marvel (Anterastria teratophora), hermit sphinx (Lintneria eremitus), and at least 3 species of genus Pyrausta | hummingbirds, bees, butterflies, moths | Deer, Rabbit | Yes | Yes |
| <i>Packera aurea</i> | Golden Groundsel | Perennial | Full sun to part shade | Medium to Moist | 1-2 ft | 1-2 ft | Yellow | May | Northern metalmark (<i>Calephelis borealis</i>) butterfly | small bees, pollinating flies | Deer | No | No |
| <i>Penstemon digitalis</i> | Foxglove Beardtongue | Perennial | Full sun to part shade | Moist | 2-4 ft | 1-2 ft | White | Jun-Jul | Buckeye butterfly, 8 moth species | Bees (especially bumblebees), hummingbirds | Deer | Somewhat | Yes |
| <i>Physostegia virginiana</i> | Obedient Plant | Perennial | Full sun to part shade | Medium to Moist | 3-4 ft | 2-3 ft | Pink | Aug-Sep | Henry's Elfin butterfly (<i>Callophrys henrici</i>) | bumblebees, other long tongued bees, butterflies, hummingbirds | Deer | Somewhat | Yes |

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| <i>Pycnanthemum muticum</i> | Clustered Mountain Mint, Short-toothed Mountain Mint | Perennial | Full sun to part shade | Moist | 2-3 ft | 2 ft | Pink | Jul-Sep | gray hairstreak butterfly, wavy-lined emerald moth | butterflies, bees, wasps, and beetles. | Deer, Rabbit | Yes | Yes |
| <i>Rudbeckia hirta</i> | Black-eyed Susan | Perennial, short-lived | Full sun | Dry to Moist | 2-3 ft | 1-2 ft | Yellow | Jul-Sep | Silvery checkerspot, Gorgone Checkerspot, Bordered Patch butterfly 14 other Lepidoptera, including Wavy-Lined Emerald Camouflaged Looper | bees, pollinating flies, beneficial wasps and butterflies, birds eat seeds | Deer | | Yes |
| <i>Rudbeckia triloba</i> | Brown Eyed Susan | Perennial, short-lived | Full Sun to Part Shade | Dry to Moist | 2-5 ft | 2-3 ft | Yellow | Jul-Sep | Silvery checkerspot, Wavy-Lined Emerald Camouflaged Looper & 14 other Lepidoptera, including | bees, pollinating flies, beneficial wasps and butterflies, birds eat seeds | Deer | Somewhat | Yes |
| <i>Ruellia humilis</i> | Wild petunia | Perennial | Full Sun to Part Shade | Dry to Medium | 1-2 ft | 1 ft | Lavender-blue | Jun-Aug | Buckeye butterfly | Bees, butterflies, moths, hummingbirds | Deer, Rabbit | Yes | Yes |
| <i>Sedum ternatum</i> | Woodland Stonecrop, Three-leaved stonecrop | Perennial | Full Sun to Part Shade | Dry to Moist | 3 in | 6-12 in | White | May-Jun | Common Buckeye, Brown Elfin | Bees, wasps, flies | Deer | Yes | Yes |
| <i>Solidago speciosa</i> | Showy Goldenrod | Perennial | Full sun to Part shade | Dry to Moist | 3-5 ft | 2-3 ft | Yellow | Sep-Oct | Brown-hooded owlet, camouflaged looper, common pug, striped garden caterpillar, goldenrod gall moth, Wavy-lined Emerald, Gall-forming Wasps | Bees, wasps, butterflies, moths, birds eat seeds | Deer | Yes | Yes |
| <i>Symphotrichum novi-belgii</i> | New York Aster | Perennial | Full sun to Part shade | Medium to Moist | 3-4 ft | 3 ft | Purple | Jul-Sep | Silvery Checkerspot butterfly, Pearl Crescent butterfly, several moths | Bees, Butterflies, Moths, other insects, birds eat seeds | Deer | Somewhat | Yes |
| <i>Tiarella cordifolia</i> | Creeping Foamflower | Perennial | Part Shade to Full Shade | Moist | 5-12 in | 1 ft | White | Apr-May | | Bees | Deer | No | No |
| <i>Vernonia noveboracensis</i> | New York Ironweed | Perennial | Full sun to Part shade | Moist | 4-8 ft | 5-7 ft | Dark Purple | Aug-Sep | Spring azure | Bees, butterflies, birds eat seeds | Deer | Somewhat | Somewhat |
| <i>Veronicastrum virginicum</i> | Culver's Root | Perennial | Full sun to Part shade | Moist | 4-8 ft | 2-4 ft | White | Jul-Aug | Buckey butterfly | Bees, wasps, butterflies, syrphid flies | Deer | No | No |