

NATURE ACTIVITIES FOR KIDS

(of all ages)

Connect with nature during earth month.
Let us know what actions you take.



Sustainable
Saratoga 



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| Get up early and watch a sunrise. | Turn off outside lights at night and go look at the stars. | Find 10 different flowers in your neighborhood. | Go for a bike ride. |
| Go on a picnic. | Count how many birds you see in 10 minutes. | Read a book outside. | Make a postcard out of an old card and send it to someone special. |
| Make a musical instrument out of an old coffee can. | Look for butterflies in a field. | Hunt for wood, tree bark, moss, pine cones, rocks in your yard and make a sculpture or house. | Grow something, plant a seed. |
| Sew button eyes on an old sock for a puppet and put on a puppet show for your family. | Listen for 5 different nature sounds. | Count how many mammals you see in 15 minutes. | Rainbow scavenger hunt - find something red, orange, yellow, green, blue and purple. |