

ECO-ACTIVITY CHALLENGE FOR KIDS

(of all ages)

Do as many of these activities as you can.
Let us know what actions you take.



Sustainable
Saratoga 



Eat everything on your plate.	Go through your closet and set aside clothes to donate.	Recycle your old schoolwork papers.	Turn off the lights when you leave a room.
Find a creative way to reuse a bottle or jar.	Write an essay about why you care about the environment.	Turn off electronics when not in use	Re-use your bath towels.
Tell a friend about these challenges.	Turn the water off while you brush your teeth.	Start a compost pile.	Go meatless for one day.
Take a 5-minute shower - time yourself.	Pick up a piece of trash on the ground and put it in the garbage.	Plant an herb garden.	Collect rainwater to water your plants.